



# Skin Cancer is NO fun. It hurts.

**So many people today are still not aware of the dramatic consequences of excessive exposure to artificial and natural UV light.**

The CIRRH (Comité International pour la Régénération et le Rajeunissement Holistique) is at the forefront of education about sun protection, anti-aging, SPF and in understanding the difference between physical sunblockers, chemical sunscreen and topical antioxidants.

**Find out more on [CIRRH.org](http://CIRRH.org)**

